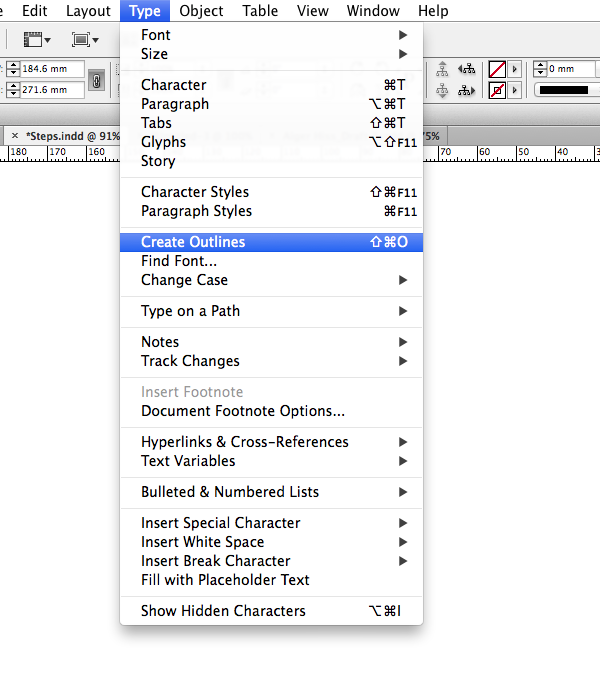
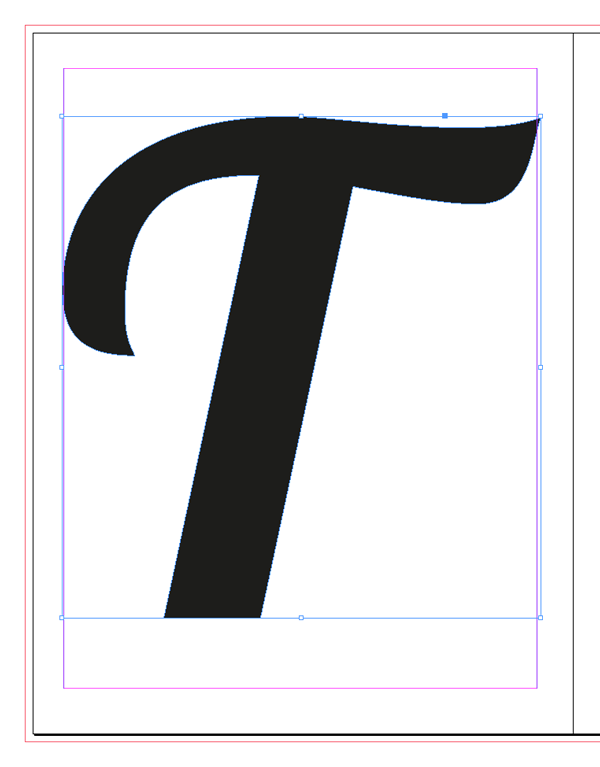
**Filling Text with an image**

**Step 1**

With the text frame selected (use the **Selection Tool (V, Escape)**), go up to **Type** on the top menu, and select **Create Outlines**.



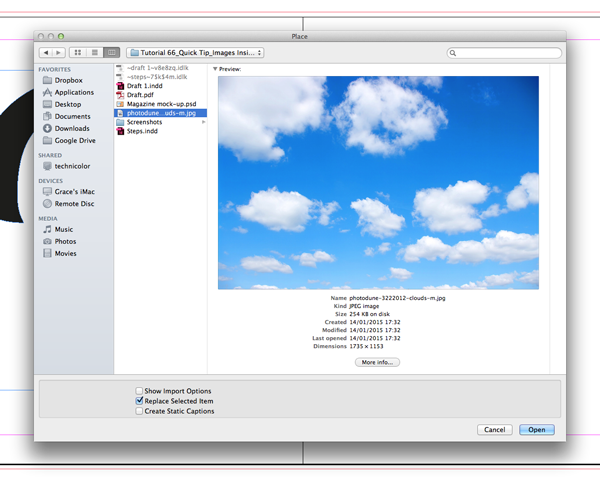
The text frame will subtly adjust; the text character has now been converted into a vector shape.

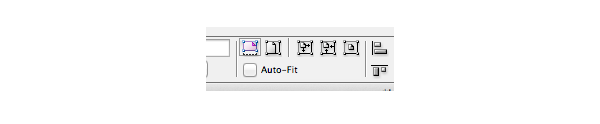
**Step 2**

With the character still selected, head up to **File** **> Place.**

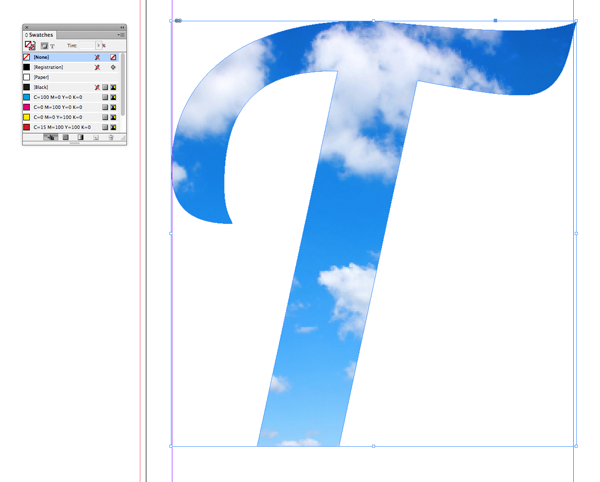
Now you can start to experiment with filling your text with images. If you’re setting your text on a white or pale background, look for a photo that’s going to provide enough contrast, and vice versa if you want to work on a darker background.

Here I’ve experimented with [this image](https://photodune.net/item/sexy-young-beauty-woman-in-fluttering-red-dress/2948843" \t "_blank) of a fashionable woman, before finally deciding on an [image of a blue, cloudy sky](https://photodune.net/item/clouds/3222012" \t "_blank).



To adjust the size of the image inside the text, double-click to select the image directly, and then hold **Shift** and drag one of the corners to resize. If you want to fit as much of the image as possible in the letter, head up to the **Controls** panel running along the top of the workspace and click the **Fill Frame Proportionally** button. Or go to Objects>Fitting>Fill frame proportionately.

**Step 3**

As a final touch, to ensure no color bleeds through on the edges of the letter, open the **Swatches** panel **(Window > Color > Swatches)**and set the **Fill** of the shape to **[None].** That’s it!